


**OK LINNÉ i in cooperation
with Upsala Studenters IF**
Invites to Super Weekend,
4 competitions in Trail-O
16-17 August 2008



Date	Saturday 18/8	Saturday 18/8	Sunday 19/8 *	Sunday 19/8
Discipline	Middle	Night	Long	Sprint (Tempo) **
Start	First start 14:00	21:00, mass start	First start 09:00	First start 13:00
Course length	approx. 1300m	approx. 1300m	approx. 2100m	approx. 900m
Planner	Nils Wahlberg	Owe Fredholm	Tage Nilsson	Owe Fredholm
Controller	Tage Nilsson	Nils Wahlberg	Nils Wahlberg	Tage Nilsson

* Competition no. 4 in the Swedish Elite series.

** Only timed controls.

- Competition classes** Pre-Elite, Pre-A, Pre-B, Pre-C. Sprint event only Pre-Elite and Pre-A.
Non-competition classes, Pre-N and the open classes Pre-A direkt, Pre-B direkt.
- Maximum times** Is calculated according to SOFT regulation.
- Competition rules** SOFT regulation for Pre-O.
- Entry** Shall be done in writing and reach us no later than August 4, preferably by e-mail to: martin.fredholm@home.se or by normal mail to Martin Fredholm, Hankvägen 2, 756 47 Uppsala, phone. +46 18 30 25 47.
Late entry, preferably as soon as possible. In case of extra maps, late entry can be done up to an hour before start. Late entry fee = 50 % increased entry fee.
Competitors who need physical assistance must state so on entry.
- Entry fee**
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|--------------------------|---------|
| Elite class | SEK 130 |
| Adults Pre-A | SEK 90 |
| Adults all other classes | SEK 80 |
| Youth ≤16 years old | SEK 50 |
- The entry fee is paid in cash or afterwards by invoice. Please state the address for the invoice on entry.
- Information** Contact the director or the planners.
- Assembly** Saturday, day competition: Mellanbo, NE of Vänge.
Saturday, night competition: Valsätra IP.
Sunday: Siggefora bad och camping.
- Parking** At the assembly area.
- Map** Saturday, day: Vänge Norr, 1:5.000. Contour interval 2,5m. New 2005, revised for Trail-O 2008.
Saturday, night: Mellersta Uppsala, 1:2.500. Contour interval 2,5m. New 2007, revised for Trail-O 2008.
Sunday: Östfora, 1:5.000. Contour interval 2,5m. New 1996, revised for Trail-O 2008.
- Terrain** Mostly forest terrain with good visibility and moderate contouring.
- Director** Martin Fredholm, ☎ +46 18 30 25 47, 📞 +46 701 73 15 69.
 martin.fredholm@home.se
- Price giving** Will take place after the last competition on Sunday. Prices for stage victories and total result.

OK Linné and Upsala Studenters IF wishes you all Welcome