

Extra PM för tidkontroller

Maxtider:

| | Lång 18/8 | Natt 18/8 | Medel 19/8 | Tempo (sprint) 19/8 |
|----------|-----------|-----------|------------|---------------------|
| Pre-Elit | 60 sek | 60 sek | 30 sek | 30 sek |
| Pre-A | 60 sek | 60 sek | 30 sek | 30 sek |
| Pre-B | 60 sek | 60 sek | 60 sek | |

Extra Pre-race info for timed controls

Maximum times:

| | Long 18/8 | Night 18/8 | Middle 19/8 | Tempo (sprint) 19/8 |
|-----------|-----------|------------|-------------|---------------------|
| Pre-Elite | 60 sec | 60 sec | 30 sec | 30 sec |
| Pre-A | 60 sec | 60 sec | 30 sec | 30 sec |
| Pre-B | 60 sec | 60 sec | 60 sec | |

Number of flags: There can be up to six (6) flags at the timed controls.

Instructions: Will be given as follows:

There are six control flags.
A, B, C, D, E, F.
(Alfa, Bravo, Charlie, Delta, Echo, Foxtrot)
Time starts now!

Or

The same six control flags.
Time starts now!