



**OK LINNÉ i in cooperation
with Uppsala Studenters IF**
Invites to Super Weekend,
4 competitions in Trail-O
18-19 August 2007



Date	Saturday 18/8	Saturday 18/8	Sunday 19/8	Sunday 19/8
Discipline	Long	Night	Middle	Sprint (Tempo) *
Start	14:00, mass start	21:00, mass start	first start 09:00	first start 13:00
Course length	1600m	2000m	1000m	approx. 600m
Planner	Nils Wahlberg	Owe Fredholm	Tage Nilsson	Owe Fredholm
Controller	Tage Nilsson	Nils Wahlberg	Nils Wahlberg	Tage Nilsson

* Only timed controls. An extra knock-out competition will be held for the four (4) best in the result list for each class.

Competition classes Pre-E, Pre-A, and Pre-B. Sprint event only Pre-E and Pre-A.
Non-competition classes, Pre-Ö (open class) Pre-N.

Maximum times Is calculated according to SOFT regulation.

Competition rules SOFT regulation for Pre-O.

Entry Shall be done in writing and reach us no later than August 6, preferably by e-mail to: martin.fredholm@home.se or by normal mail to Martin Fredholm, Hankvägen 2, 756 47 Uppsala, phone. +46 18 30 25 47.
Late entry, preferably as soon as possible. In case of extra maps, late entry can be done up to an hour before start. Late entry fee = 50 % increased entry fee.
Competitors who need physical assistance must state so on entry.

Entry fee Elite class SEK 120
Adults SEK 80
Youth ≤16 years old SEK 50
The entry fee is paid in cash or afterwards by invoice. Please state the address for the invoice on entry.

Information Contact the director or the planners.

Assembly Hammarskog Recreation Area 12 km SSV Uppsala center. For directions, go to hitta.se and search for "Hammarskog, Uppsala" in the input field called "Var?".

Parking At the assembly area.

Map Hammarskog, 1:5.000. Contour interval 2,5m. New 2006, revised for Trail-O 2007.

Terrain Mostly forest terrain with good visibility and moderate contouring.

Director Martin Fredholm, ☎ +46 18 30 2547, 📞 +46 701 73 15 69.
✉ martin.fredholm@home.se

Price giving Will take place after the last competition on Sunday. Prices for stage victories and total result.

Dinner/Lunch Hammarskogs Herrgård will serve us dinner on Saturday at 6pm and lunch on Sunday at 11:30am. Each meal will cost SEK 80.
Please state on entry which meals are wanted so we can calculate approx. no. of meals that will be needed.

OK Linné and Uppsala Studenters IF wishes you all Welcome