



OK LINNÉ

Pre-race info for national competition in Trail-O, middle distance Saturday August 15. 2009



Assembly	The club house of OK Linné, Tallbacksvägen 68 in Uppsala.
Parking	At the club house.
Course lengths	All classes 1400m.
Maximum time	Approx. 90-110 min. Exact time is given in the upper right corner of the control description.
Map and terrain	Part of Uppsala OL-allians map Södra Uppsala. Scale 1:2 500, contour interval 2m. Revised for Trail-O. Laser printed. To increase readability has a straight forward enlargement been made which means that all mapping symbols and control circles are twice as large as they are on a normal Trail-O map in the scale of 1:5 000. Mostly good visibility and moderate contouring.
Forbidden area	NB! It is only allowed to be on walkways that are paved. NB! An exception is made at E4, A5 and B4 where a sign is showing a small path that are allowed to use to get to the control.
Start	First start 14:00. Distance Competition Center (TC) – start: 1900m. It is allowed to take the car to a public parking place near the start. The parking space is limited, car sharing is preferred. Distance P (at start) – start 350m.
Map exchange	The map normally looks like the left picture. To be able to fit it to a single A4 it has been cut in half along the dashed line. The lower part has then been moved upwards. To not mess with the solution of any control, the map exchange is made where there are no controls nearby.
Timed controls	The timed controls are visited after finish. They are located just prior to the map exchange. The maximum time for Elite- and A-class is 30 sec, for B-class 60 sec.
After finish	Follow the directions to get back to P (at start) and Competition Centre (the club house) where the punching cards are handed in. A car ride back to P (at start) can be offered to those having difficulties walking. Distance to Competition Center (TC): 2400m.
Service	HC-toilet and smaller kiosk in the club house.
Officials	Director: Martin Fredholm +46 701 73 15 69 Planner: Owe Fredholm +46 70 593 81 41 Eva Fredholm +46 706 39 51 81 Controller: Tage Nilsson +46 70 587 57 17 Nils Wahlberg, Upsala Studenters IF +46 709 42 20 95 Event controller: Ingrid Hansson, OK Rodhen



OK Linné wishes you all welcome