



# OK LINNÉ

Invites to Super Weekend,  
3 competitions in Trail-O  
15-16 August 2009.



Date	Saturday 15/8	Saturday 15/8	Sunday 16/8 *
Discipline	Middle	Night	Long
Start	First start 14:00	21:00, mass start	First start 10:00
Course length	approx. 1400m	approx. 1500m	approx. 2000m
Distance Competition Center – Start/Finish	approx. 2000m, carpooling in own cars	approx. 900m, common departure from CC	approx. 1000m
Planner	Owe and Eva Fredholm		
Controller	Tage Nilsson and Nils Wahlberg		

\* Competition no. 4 in the Swedish Elite series.

- Competition classes** Pre-Elite, Pre-A, Pre-B, Pre-C.  
Non-competition classes, Pre-N and the open classes Pre-A direkt, Pre-B direkt.
- Maximum times** Is calculated according to SOFT regulation.
- Competition rules** SOFT regulation for Pre-O.
- Entry** Shall be done in writing and reach us no later than August 3, preferably by e-mail to: [martin.fredholm@home.se](mailto:martin.fredholm@home.se) or by normal mail to Martin Fredholm, Hankvägen 2, 756 47 Uppsala, phone. +46 18 30 25 47.  
Late entry, preferably as soon as possible. In case of extra maps, late entry can be done up to an hour before start. Late entry fee = 50 % increased entry fee. Competitors who need physical assistance must state so on entry.
- Entry fee**
- |                          |         |
|--------------------------|---------|
| Elite class              | SEK 140 |
| Adults Pre-A             | SEK 100 |
| Adults all other classes | SEK 90  |
| Youth ≤16 years old      | SEK 50  |
- The entry fee is paid in cash.
- Information** Contact the director or the planners.
- Assembly** The Club House of OK Linné.
- Parking** At the Club House.
- Map** Saturday, day: Södra Uppsala, 1:2500. Contour interval 2,5m. New 2004, revised for Trail-O 2009.  
Saturday, night: Mellersta Uppsala, 1:5000. Contour interval 2,5m. New 2007, revised for Trail-O 2009.  
Sunday: Mellersta Uppsala, 1:5000. Contour interval 2,5m. New 2007, revised for Trail-O 2009.
- Terrain** Mostly forest terrain with good visibility and moderate contouring.
- Director** Martin Fredholm, ☎ +46 18 30 25 47, 📞 +46 701 73 15 69.  
💻 [martin.fredholm@home.se](mailto:martin.fredholm@home.se)
- Price giving** Will take place after the last competition on Sunday. Prices for stage victories and total result.

**OK Linné wishes you all Welcome**